

Contacts

+39 346 2220391

sarapoggimd@gmail.com

Lungarno Ranieri Simonelli 12, 56126 Pisa, Italy

Languages

Italian	Native
English	C1
French	C1
Spanish	B2

Membership

AICPE
ASPS
ICOPLAST
ISAPS
SICPRE
SPIGC

Ordine dei Medici Chirurghi e degli Odontoiatri di Pisa (n. 07001).

Ordine dei Medici Chirurghi e degli Odontoiatri della Repubblica di San Marino (n. 706).

Sara Poggi, MD

Plastic Surgery Resident

Clinical Experience

PRESENT | MILANO

Plastic Surgery Resident

Istituto Europeo Oncologico (IEO)
Prof. Mario Rietjens and Dr. Francesca De Lorenzi

AUG 2025 - NOV 2025 | VALENCIA

Plastic Surgery Resident

Hospital General de Valencia, Espana
Bistoni Plastic Surgery
Dr. Giovanni Bistoni

FEB 2025 - AUG 2025 | PISA

Plastic Surgery Resident

University Hospital of Pisa, Italy
Prof. Emanuele Cigna

NOV 2024 - JAN 2025 | SIENA

Plastic Surgery Resident

University Hospital of Siena, Italy
Prof. Luca Grimaldi

NOV 2021 - FEB 2023 AND JUN 2024 - OCT 2024 | SALERNO

Plastic Surgery Resident

University Hospital of Salerno, Italy
Prof. Carmine Alfano

MAR 2023 - MAY 2023 | PERUGIA

Plastic Surgery Resident

University Hospital of Perugia, Italy
Prof. Marco Mazzocchi

JUN 2023 - MAY 2024 | BRUXELLES

Plastic Surgery Fellow - Fellowship in Breast Surgery

Hôpital Civil Marie Curie, Charleroi, Belgium
CHIREC de Braine-L'Alleud Waterloo, Belgium
Dr. Vanessa Marron Mendes
Ordre des Medecins de Namur (n. INAMI 1-10718-87-000)

Education

2015 - 2021 | UNIVERSITY OF PISA

MD in Medicine and Surgery

Grade: 110/110 cum laude
Thesis in Plastic Surgery: "Surgical treatment of lymphedema refractory to conservative treatment: a multicentric study"

Erasmus Project (2018–2019)
Faculty of Medicine and Surgery, University of Granada, Spain

2009 - 2014 | LICEO CLASSICO G. GALILEI PISA

High School Diploma



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Courses and Conferences

• CadaverLab Anatomy Course (**Tutor**), Jan 2018, May 2018, Nov 2019, Arezzo, Italy
• Endoscopic Surgery of Nasal and Skull Base Course, Feb 2019, Granada, Spain
• XVII Medicine Students National Congress,10th-12th April 2019, Granada, Spain
• Italian Society of Microsurgery (SIM) Congress, Nov 2019, Genova, Italy
• Northern Breast Surgery Meeting, Feb 2020, Durham, UK
• Focus on Microsurgery in Plastic Surgery, Jul 2021, Pisa, Italy
• One Stage Reconstruction and Prosthetic Complications, May 2022, Fossano, Italy
• P.J. Rubin meets Plastic Surgery Campanian Residents, 24th May 2022, Napoli, Italy
• 70th SICPRE National Congress, Oct 2022, Naples, Italy
• Joint SIC–SPIGC Congress (**Speaker** – "Pectoralis Major Flap in Head & Neck Reconstruction"), Oct 2022, Rome, Italy
• Eyelid & Friends Course, Apr 2023, Milan, Italy
• SIME National Congress, May 2023, Rome, Italy
• The Art of Plastic Surgery, Jun 2023, Antwerp, Belgium
• RBSPS Autumn Meeting, Nov 2023, Brussels, Belgium
• RBSPS Spring Meeting (**Speaker** - Incision Placement in Breast Reconstruction: Our Algorithm), Apr 2024, Antwerp, Belgium
• The Beauty: Between History and Aesthetic Surgery, Jun 2024, Pompei Naples, Italy
• 5th Focus on Non-Melanoma Skin Cancer, Jul 2024, Pisa, Italy
• Pontremoli Breast Camp, Sep 2024, Pontremoli, Italy
• ASPS National Congress, Sept 2024, San Diego, California, USA
• 72nd SICPRE National Congress (**Speaker** – Patient Satisfaction in Aesthetic Surgery), Oct 2024, Giardini Naxos, Italy
• Thread&Lift **Course**, Oct 2024, Nice, France
• RBSPS Autumn Meeting, Nov 2024, Brussels, Belgium
• MBN24 Aesthetic Breast Meeting, Dec 2024, Milan, Italy
• XXXIII SICPRE Winter Meeting (**Speaker** – Complex Case of Bilateral Breast Reconstruction), Jan 2025, Cortina, Italy
• Pediatric Plastic Surgery in the 21st Century - The heritage of the past and the new frontiers, 22nd-24thmay 2025, Rome, Italy
• Female genital mutilation and the ritual body. Medicine, culture, and contradictions. 27th may 2025, Turin, Italy
• SPIGC Congress (**Speaker** – Total and Subtotal Nasal Reconstruction), Jun 2025, Bari, Italy
• Summer School "Local Flaps in Facial Reconstruction after skin cancer surgery", July 2025, University of Pisa
• Curso Avances en Cirugia Estetica Mamaria, Sept 2025, Madrid, Spain
• Silimed Impact 1st World Conference, Sept 2025, Cascais, Portugal
• 73rd SICPRE National Congress (**Speaker** – A new double flap technique for breast oncoplasty), Oct 2025, Naples, Italy
• Microsurgery Course (**Diploma**), 17th-19th Nov 2025, Pisa, Italy
• RBSPS Autumn Meeting, 29th Nov 2025, Brussels, Belgium (Breast Talks)
• Masterclass "Use of Galaflex in Breast Surgery", 26th-27th Feb 2026, Valencia, Spain
• AMBER Educational - the Aesthetic Meeting on Body Enhancement and Rejuvenation (**Live Surgery** and winner of **Best Live Performance Award**), 13th-14th March 2026, Roma, Italy
• 13 AICPE National Congress, 10th-12th April 2026, Roma, Italy



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Other Achievements

Silimed Expert:
• Invited in Rio de Janeiro (Brazil) to visit the Silimed Factory, Sept 2023;
• Invited in Cascais (Portugal) for Silimed Expert 1st Global Impact Congress, Sept 2025.

• Certified in non-absorbable thread lifting technique (**Infinity Thread®**, Nice), following supervised training and competente assessment, with authorization to use and implant dedicated thread lift devices.

Team Member representing Italy at the **World ASPS Residents & Fellows Competition** in 2025, as part of the SICPRE PSG Team (Italy).

Team Member Responsible for **PROPEL project** 2025 (by ASPS).

Publications

• Dente A, Manna E, Poggi S, Bacchini S, Bolletta A, Cigna E. Addressing Binocular Vision Challenges in Microsurgery. Microsurgery. 2025 Dec;45(8):e70135. doi: 10.1002/micr.70135. PMID: 41190700.
• Mendes, Vanessa & Poggi, Sara, Schils, Martin, Schettino, Michela, Losco, Luigi, Pozzi, Mirco, Diluiso, Giuseppe, Delhaye, Marie. (2025). Factors associated with patient satisfaction following aesthetic surgery. 10.21203/rs.3.rs-7340124/v1.

Last updated: April 2026